



檀君



島山



元曉



栗毅

Yul-Gok



Joong-Gun

重根



24 Patterns - DVD

套拳

二十四



The Legendary Founder
General Choi Hong-Hi
Instructional Footage



Performed by
Master Phap Lu
(Chairman of ITF Education Committee)
and ITF Elite Black Belts



Authorized by ITF Education Committee

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跆拳道創始人崔泓熙將軍親自教導



退溪



Hwa-Rang

花郎



忠武

Choong-Moo



廣開

Kwang-Gae



國隱

Po-Eun



階伯

Ge-Baek



庚信

Yoo-Sin



Juche

主體



忠壯

Choong-Jang



義奄

Eui-Am

